

# TRIPS & TOURS

## — EXTENDED TRAVEL —

*The Puyallup Activity Center provides extended travel opportunities through various partnerships with Collette Vacations. With these trips you enjoy the luxury of paying one fee that will cover all of your airfare, accommodations, transportation, & most of your meals for the trip. Pick up travel brochures for more detailed trip information at the PAC or contact **Shelby Borden** at 253-841-5564.*

### TRIP POLICIES

1. Reservations are on first come, first-serve basis. To assure space on a trip, payment is to be made at the time of registration.
2. A ten (10) person registration minimum is required for all trips. The trip can possibly be cancelled if the minimum is not met. All participants will be notified at least two days in advance and refunded in full.
3. Any cancellation **must** occur **prior to the registration deadline** to qualify for a refund. Also if registration deadline has passed and tickets have been purchased, no refund will be given.
4. Participants will be charged a \$5.00 processing fee if a refund for a trip is requested.
5. Participants traveling with a wheelchair or any other disability that might require special attention, **must notify staff at time of registration.**
6. Drivers will not wait for late comers. Missed paid trips will be considered a donation to the PAC.
7. All participants will be expected to sign a Hold Harmless agreement per trip, prior to boarding the shuttle bus.
8. All participants will be expected to review, sign, and follow the Trips and Tours Code of Conduct.

### PIERCE TRANSIT SHUTTLE SERVICE

If you rely on the Pierce Transit Shuttle Service, consider allowing additional time for drop off and pick up. Scheduled trip times are approximate and may vary due to traffic and other unforeseen conditions.



## COLLETTE PRESENTS: THE COLORADO ROCKIES

Departing September 15-22, 2016

**Highlights: Denver, Rocky Mountain National Park, Grand Junction, Arches National Park, Canyonlands National Park, Colorado National Monument, Durango & Silverton Narrow Gauge Railroad, Mesa Verde National Park, Pike's Peak Cog Railway, Garden of the Gods**

Double \$2,779 \*

Single \$3,529; Triple \$2,749

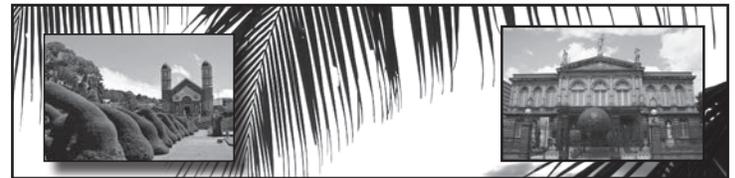
Regular rates (without Book Now & Save): Double \$2,879

Single \$3,629; Triple \$2,849

9 Days • 12 Meals: 8 Breakfasts, 4 Dinners

***Includes Air Fare!***

***\*YOU DO NOT HAVE TO BE A SENIOR TO TAKE ADVANTAGE OF THESE PRICES!\****



### TROPICAL COSTA RICA

Nov 5-13, 2016

**Highlights: San Jose, Monteverde, Arenal Volcano, Lake Arenal Cruise, Cano Negro Refuge, Zarcero, and National Theatre.**

9 Days, 14 Meals, Air and Hotels

**Book Now Save \$100 per person**

\$2,599 Double. After May 29: \$2,699

\$3,049 Single. After May 29: \$3,049

\$2,569 Triple. After May 29: \$2,569

## — DAY TRIPS —

### DAY TRIP MEALS

*Our day trips often include a breakfast, lunch and/or dinner stop. Trip fees do not include the cost of meals unless otherwise stated. Follow this restaurant guide to gage the average price per person for each restaurant.*

\$ 0 – 9.99

\$\$ 10.00 – 19.99

\$\$\$ 20.00 – 29.99

### PUYALLUP PACERS' WALKING TRIPS

*The Puyallup Activity Center is encouraging active and healthy lifestyles among all seniors through walking. These trips are designed for seniors who love to walk! Walking trips are offered year round due to popular demand. Once or twice a month depending on the season, we will explore different walking areas off-site. Indoor walking will be accommodated for inclement weather; dress appropriately. Transportation provided; pre-registration required. A no-host lunch stop will be included or bring a sack lunch as an alternative.*

RATING SYSTEM

- #1 Paved and/or a trail; no significant hills.
- #2 Moderately easy; sometimes paved, woods or open fields. May have some slight hills.
- #3 Some difficult terrain; substantial hills or steps in areas. Walkers with health problems should take caution.
- #4 Difficult; steep hills, may be poorly maintained path.

**TEHALEH FOREST LOOP**

3 MILES

WALKING SHOES REQUIRED

Tuesday, May 3 9:00 AM - 3:30 PM

Fee: \$15.00 (Lunch not included \$\$)  
 Location: Bonney Lake  
 Lunch: Restaurant in Bonney Lake  
 Deadline: April 29  
 Driver: Laurie Craft



Check out this new and upcoming community with 3.5 (+) miles of trails weaving in and out of parks, small pond and wetland, and an unbelievable sight of Mt. Rainier. There are a few small hills, but you will enjoy the many walkable areas that this new community has to offer. The trail consists of concrete, gravel and dirt walkways that are very nicely maintained. Once you get there we will be parking at The Post, where you can grab some coffee or a quick snack.

**LAKE WILDERNESS PARK**

2+ MILES

WALKING SHOES REQUIRED

Tuesday, May 17 9:00 AM - 1:45 PM

Fee: \$15.00 (Lunch not included \$\$)  
 Location: Maple Valley  
 Lunch: Bring your own lunch  
 Deadline: May 12  
 Driver: Laurie Craft



The Lake Wilderness Arboretum is a wonderful walking area full of many different trails that intertwine to show off the beauty that Maple Valley has to offer. You will have the opportunity to walk to the lake, explore the gardens, and get a touch of nature with multiple forest trails. This walk has a little bit for all. Do not forget your camera as you cruise through the beautiful arboretum.

**GENE COULON BEACH PARK**

WALKING SHOES REQUIRED

Tuesday, June 7 9:30 AM - 2:45 PM

Fee: \$15.00 (Lunch fee not included \$\$)  
 Location: Renton  
 Lunch: Ivar's or Kidd Valley (located on site)  
 Deadline: June 3  
 Driver: Laurie Craft



Gene Coulon Memorial Beach Park is a favorite with all participants. This beautiful walk consists of 57 acres of land and water at the southeast corner of Lake Washington. The park offers a unique opportunity for water related recreational enjoyment and over 1.5 miles of paved walking trails along the shoreline.

**FEDERATION FOREST (MT. RAINIER)**

WALKING SHOES REQUIRED #1

Tuesday, June 21 8:30 AM - 3:30 PM

Fee: \$15.00  
 Location: Enumclaw  
 Lunch: Bring your own  
 Deadline: June 15  
 Driver: Laurie Craft



This 1.5 mile loop trail is located near Enumclaw, WA and features a beautiful river. This hike is good for all skill levels with no elevation gain. As you walk along the path you will have an opportunity to read many interpretive signs describing the medley of evergreens, as well as a rich understory of native shrubs and woodland flowers. You will be greeted by many Noble Firs, and Douglas Firs as well as Alaskan Red Cedars. Keep your eyes peeled for the majestic bleeding hearts, Canadian dogwoods, and many more summer flowers that will be in bloom.

**ALKI BEACH**

WALKING SHOES REQUIRED #1

Tuesday, July 5 9:30 AM - 2:45 PM

Fee: \$15.00 (Lunch fee not included \$\$)  
 Location: West Seattle  
 Lunch: Your choice at Alki  
 Deadline: June 29th  
 Driver: Laurie Craft



This 2.5 mile walkway follows the beach and offers breathtaking views of the Olympics and the Seattle skyline. Enjoy lunch at your choice of Spuds, Duke's Chowder House or one of the other establishments along the beach front. This a favorite trip with everyone.



**BELLEVUE BOTANICAL GARDENS**

WALKING SHOES REQUIRED #2

Tuesday, July 19 9:00 AM - 3:00 PM

Fee: \$15.00 (Lunch fee not included \$-\$\$)  
 Location: Bellevue  
 Lunch: Applebee's  
 Deadline: July 15  
 Driver: Laurie Craft



Enjoy the perfect time of the year to walk through the magnificent Bellevue Botanical Gardens. Bellevue's Botanical Garden is urban refuge, encompassing 53-acres of cultivated woodlands, and natural wetlands. The living collections showcase plants that thrive in the Pacific Northwest.

— WALKING HIKES —

The Puyallup Activity Center is offering a regular “get out and hike” venture. We will meet the second Monday of each month and experience new trails near and far. These trips are designed for seniors who love to hike. This program will be a little more advanced than a walk. Please pay close attention to the distance and ask questions.

**RATING SYSTEM**

- #1: Paved and/or trail; elevation gain under 300 feet
- #2: Moderately easy; sometimes paved, woods, or open fields; elevation gain 300-500 feet
- #3: Some difficult terrain; substantial hills or steps in areas; elevation gain 500-800 feet. Hikers with health problems should take caution
- #4: Difficult/Advanced; steep hills, may be poorly maintained path; elevation gain 800 + feet

**LAKE TRADITION**

WALKING SHOES REQUIRED

Monday, May 9 9:00 AM – 2:00 PM

Fee: \$15.00 (Lunch not included \$-\$\$)  
 Location: Issaquah  
 Lunch: Bring your own lunch  
 Deadline: May 4  
 Driver: Laurie Craft



The Traditional Lake Plateau trail is a 3 mile loop trail located near Issaquah that features a beautiful lake and is good for all different ages and skill levels. The trail features a wooden planked bridge and clearly marked dirt and gravel paths. This serene hike will greet you with wildlife viewing areas, including one of the largest and oldest trees on Tiger Mountain, standing here for over 200 years.

**MERCER SLOUGH NATURE PARK**

WALKING SHOES REQUIRED

Monday, June 13 9:00 AM – 2:00 PM

Fee: \$15.00 (Lunch not included \$-\$\$)  
 Location: Bellevue  
 Lunch: Bring your own lunch  
 Deadline: June 8  
 Driver: Laurie Craft



This 320-acre wetland lushly populated with ferns, shrubs, flowers, a vast variety of berries, distinctive wooden boardwalks and shaded pathways is a great way to see the beauty that nature has to offer. The Mercer Slough is Lake Washington’s largest remaining wetland and has over 170 species of wildlife living within the park. Three main trails make up the 4.9 mile hiking grounds throughout the park. Some of the trails are as large as 4 miles and as few as 0.8 miles, so there is a path for everyone.

**GROVE OF THE PATRIARCHS**

WALKING SHOES REQUIRED #1-2

Monday, July 11 8:30 AM – 4:15 PM

Fee: \$20.00 (Lunch fee not included \$\$)  
 Location: Mount Rainier  
 Lunch: Copper Creek Restaurant  
 Deadline: July 7  
 Driver: Laurie Craft



The Grove of the Patriarchs is one of Mount Rainier’s easiest and most memorable hikes. This magnificent hike can be enjoyed by people of all ages. The Grove of the Patriarchs is a true example of “old growth” around Western Washington, some trees are over a thousand years old. On this 1.5 mile hike you will encounter a beautifully made boardwalk and cross a suspension bridge over the Ohanapecosh River to a small island of behemoth old-growth trees. As you follow the wooden boardwalk you will be looped through giant Douglas-firs, Hemlocks, and Cedars. Do not forget your camera, this will be one for the memory books. After exploring the history we will stop at the famous Copper Creek Inn for some lunch and a fresh Blackberry Pie or an ice cream treat.

— TRIPS —



**AMERICAN MAKERY**

Wednesday, May 4 9:30 AM – 3:00 PM

Fee: \$50.00  
 Location: Spanaway  
 Lunch: Bring your own lunch  
 Deadline: April 21  
 Driver: Laurie Craft

This Do-It-Yourself Studio will allow you to explore your creativity with wood. You choose your design, they have it ready for you and you do the rest! You have over 40 different options of signs you can make ranging from signs you can make for yourself, family members, grandkids, and/or gifts for other. All the wooden signs are 14 x 20 and perfect wall décor. Once you arrive they will have the wooden pallet ready for your creativity to shine. We will have a snack and water available for you during your day out. Shelby has taken a class from here and had so much fun!



**LAKEWOLD GARDENS**

WALKING SHOES REQUIRED

Thursday, May 5 11:00 AM - 4:00 PM

Fee: \$20.00 (Lunch not included \$\$)  
 Location: Lakewood  
 Lunch: Carr's  
 Deadline: April 28  
 Driver: Laurie Craft

This beautifully landscaped, 10-acre garden is filled with over 900 rhododendrons, 30 Japanese maples and stunning statuary. A Washington State historic landmark, Lakewold's Georgian-style mansion, completes the historical architecture allowing visitors to step back in time. Lakewold Gardens alone is a gorgeous place, but during our trip they will be celebrating MayFest. Our private tour of the gardens include a variety of exciting exhibits, displays and performances. Come walk the gardens, see all the activity in the Wagner House and remember to make a stop in the Garden's Shop. With spring flowers in bloom, it's a perfect time to visit.

**WILLAMETTE RIVER LUNCH CRUISE**

Wednesday, May 18 8:30 AM – 7:30 PM

Fee: \$60.00  
 Location: Portland, OR  
 Lunch: Lunch fee is included  
 Deadline: April 29  
 Driver: Laurie Craft

All aboard the Portland Spirit. We are heading down South to enjoy a two hour cruise along the Willamette River. We will enjoy toe-tapping entertainment, a delicious Northwest plated lunch entree and scenic views for a Portland adventure to remember. After the cruise you will be let loose in Portland for a couple hours to explore before making the commute back home.

**MYSTERY MONDAY**

WALKING SHOES REQUIRED

Monday, May 23 9:00 AM - 4:00 PM

Fee: \$25.00 (Lunch fee not included \$\$)  
 Location: It's a Mystery!  
 Lunch: Mystery!  
 Deadline: May 18  
 Driver: Laurie Craft

C'mon, hop on board! Where's your sense of adventure? This trip isn't for people who like to be in control – just fun people that like a little mystery in their lives. Don't wait to register; this trip is a favorite of all!

**MCMENAMIN'S ANDERSON SCHOOL**

WALKING SHOES REQUIRED

Wednesday, June 1 8:30 AM – 3:15 PM

Fee: \$20.00  
 Location: Bothell  
 Lunch: Your choice on-Site at a variety of restaurants  
 Deadline: May 25  
 Driver: Laurie Craft

Join us as we explore the Art-Deco school building with classrooms-turned-hotel-rooms, a movie theater, weekly music, fire pits and one-of-a-kind art. This is our latest Washington addition, a destination and gathering place for all. Has going back to school ever been such fun? Lunch will be on your own at one of the many restaurants on site. Come explore the past while seeing the future.

**BELLEVUE ZIP-LINE**

WALKING SHOES REQUIRED

Thursday, June 9 7:30 AM – 4:00 PM

Fee: \$85.00  
 Location: Bellevue  
 Lunch: Bring your own lunch/snack  
 Deadline: May 24  
 Driver: Laurie Craft

The Bellevue Zip Line Tour is perfect outdoor activity for thrill seekers. The tour features a number of lines and bridges amidst a second growth forest of Douglas fir and broad leaf maple trees, plus spectacular views of the North Cascades and the downtown Bellevue skyline. There are 6.5 zip lines with the highest being 80 feet off the ground. You will see a birds-eye view of Mount Baker and Glacier Peak like no other. The Bellevue Zip Tour is a natural wonder in the city, waiting to be discovered by you.

**SEATTLE SYMPHONY**

Friday, June 10 9:00 AM - 4:30 PM

Fee: \$42.00 (Pack your own lunch)  
 \$52.00 (Lunch included)  
 Location: Benaroya Hall, Seattle  
 Deadline: May 27  
 Driver: Seattle Symphony (Escort: Lou Bell)

Join us for an afternoon matinée with the Seattle Symphony. Each performance features a world renowned soloist and the amazing Seattle Symphony Orchestra. Not only will you watch an extraordinary performance, you will be treated to a pre-concert lecture and a boxed lunch (optional). Charter bus transportation provided by Seattle Symphony. All concerts will be escorted by Lou Bell, former PAC Board Member and volunteer. This spectacular symphony includes artist in Residence Jean-Yves Thibaudet bringing the vim and vigor of 1920s New York City to Benaroya Hall with Gershwin's jazzy Concerto in F. Music Director Morlot leads the orchestra in Beethoven's exhilarating Symphony No. 7.



**SCHOONER ZODIAC CRUISE**

Wednesday, June 15 7:00 AM – 6:00 PM

Fee: \$80.00 (Lunch fee included)  
 Location: Bellingham  
 Lunch: Picnic on the cruise  
 Deadline: May 31  
 Driver: Laurie Craft

Join us for a three and a half hour picnic cruise aboard the Schooner Zodiac. The Bellingham based classic windjammer embodies both the heritage of the Grand banks fishing schooners and the grandeur of 1920's yacht. Her spacious 127 feet of deck is adorned with polished brass and gleaming bright work. The ship's mainmast towers over twelve stories high and she proudly boasts the largest working mainsail on the west coast.



**BLOEDEL GARDENS (BAINBRIDGE ISLAND)**

Wednesday, June 22  
 8:15 AM – 4:30 PM

Fee: \$30.00 (Lunch not included \$\$)  
 Location: Bainbridge Island  
 Lunch: Your choice in Poulsbo  
 Deadline: June 6  
 Driver: Laurie Craft

This 150-acre unique masterpiece is located on Bainbridge Island. Bloedel Reserve is famous for both the natural and highly landscaped lakes, immaculate lawns, wooded areas, moss garden, rhododendron field and many more attractions. A special addition to the tranquil and contemplative experience is the bird marsh which connects the northern gardens to the comparatively untouched woodlands to the south. After our two hour private tour, enjoy some time at the beautifully designed French Chateau-style home serving as a visitor center. After a lovely stroll through the Bloedel Reserve, we will enjoy the town of Poulsbo for lunch and shopping before heading back to Puyallup.

**RUSTY SCUPPER'S PIRATE DAZE**

*WALKING SHOES REQUIRED*

Friday, June 24 7:30 AM – 5:30PM

Fee: \$25.00 (Lunch fee not included)  
 Location: Westport  
 Lunch: On your own  
 Deadline: June 21  
 Driver: Laurie Craft

Westport is located at the mouth of Grays Harbor on the southernmost peninsula known as Point Chehalis. Today, Westport has a population of over 2,000 and still relies on fishing, shellfish harvesting, seafood processing and tourism for much of its livelihood. More recently, boat building has

Take a Cruise to... Vancouver  
British Columbia



Registration Deadline is 8/19/16



September 25 – 27 ID#52250 | 9/25–9/27 | Su–Tu | 3 days | \$469 DBL \$639 SNGL

Join us on this one of a kind two and coffee are included as well while aboard the ship.

After our one night cruise we'll depart the ship and head for the Listel Hotel located in the heart on downtown Vancouver B.C.

Our final leg of the adventure will be abroad an Amtrak train headed for home.

and coffee are included as well while aboard the ship.

After our one night cruise we'll depart the ship and head for the Listel Hotel located in the heart on downtown Vancouver B.C.

Our final leg of the adventure will be abroad an Amtrak train headed for home.

Trip includes all transportation from the Federal Way Community Center, lodging, Norwegian cruise, all meals aboard the ship, Amtrak ticket, and trip management.





For more information or to register call 253-841-5564.

also become an important part of Westport's economic base. During Westport's 15th Annual Event, Pirate Daze, rival pirates invade Westport for a weekend of fun, food and frivolity. Dress up in your "Pirate Finery" and shop, dance, interact and enjoy the mystique of Rusty Scupper and his bawdy band of buccaneers!

### CASINO TRIP: LUCKY EAGLE CASINO

Monday, June 27 9:00 AM – 4:00PM

Fee: \$15.00 (Lunch voucher included in price)  
 Location: Rochester  
 Deadline: June 20  
 Driver: Laurie Craft

Press your luck at the Luck Eagle Casino in Rochester. This casino has over 1000 Hot Slot Machines, table games including blackjack, craps and roulette, Keno, and more. Enjoy a wide variety of lunch options from 7 different restaurants. Included in your price: Transportation, \$5.00 free play voucher, and \$6.95 lunch buffet voucher.

### OLYMPIA FARMER'S MARKET

Saturday, July 16 9:00 AM – 3:00 PM

Fee: \$15.00 (Lunch not included \$\$)  
 Location: Olympia  
 Lunch: At restaurant nearby or the Farmers Market  
 Deadline: July 12  
 Driver: Laurie Craft

We are off to enjoy the lovely Olympia Farmers Market, one that will not disappoint. The Farmer's market is full of many different vendors from local and organic produce to specialty desserts, breads, cheeses and more. Enjoy the live entertainment as you search high and low for artisan and handmade goods. Do not forget to stop for lunch at some local restaurants or food at the market.

### DESTINY HARBOR TOUR

Wednesday, July 20 9:30 AM – 2:30 PM

Fee: \$35.00 (Lunch not included \$\$)  
 Location: Tacoma  
 Lunch: TBD  
 Deadline: July 6  
 Driver: Laurie Craft

Join us as we tour the Thea Foss Waterway, SR 509 cable-stayed bridge, the 11th Street bridge, the famous Grain Terminal and all the boats that enter and exit on that day. As we continue into the Blair waterway we will observe cargo handling and shipping activity, including, but not limited to ships, boats, tug-boats, barges and more. During this water adventure you will have ample views of all mountains, famous Stadium High School, Vashon and Maury Island, plus views toward Brown's Pt, Pt. Defiance and Gig Harbor. There are tons of things to see and we talk about highlights without taking away from the feeling of just being there. There are sea birds and seals etc. that can be seen on this trip yet the themes are primarily the manifold man-made things and stunning natural vistas to take in plus the frequent opportunity to see ships and port operations in action.

### MYSTERY MONDAY

WALKING SHOES REQUIRED

Monday, July 25 9:00 AM - 4:00 PM

Fee: \$25.00 (Lunch fee not included \$\$)  
 Location: It's a Mystery!  
 Lunch: Mystery!  
 Deadline: July 19  
 Driver: Laurie Craft

C'mon, hop on board! Where's your sense of adventure? This trip isn't for people who like to be in control – just fun people that like a little mystery in their lives. Don't wait to register; this trip is a favorite of all!

## SHOPPERS' EXPRESS

*The Puyallup Activity Center is offering monthly shopping trips for seniors. We will be using our bus to pick you up and return you to your residence. To qualify for this service, you must:*

1. Live within the Puyallup city limits
2. You must be independently mobile or aided by a caregiver. Wheelchair bound or walker users qualify. Our bus driver cannot escort shoppers. If you are interested in this unique opportunity, call the Puyallup Activity Center at 841-5555 and provide the following information
  - A. Name
  - B. Address
  - C. Telephone number
  - D. Special needs, e.g. wheelchairs, walkers, guide dogs, etc.
  - E. Simple driving directions

If a minimum of 5 seniors show interest in this program, we will contact you with further details.

Thursday, May 19 9:30 AM - 3:30 PM

Fee: \$5.00  
 Location: Grannies Attic, Windmill Nursery in Sumner for a taste of Spring and Sumner Fred Meyer.  
 Deadline: May 13  
 Driver: Laurie Craft

Thursday, June 16 9:30 AM - 3:30 PM

Fee: \$5.00  
 Location: Mystery Trip  
 Deadline: June 10  
 Driver: Laurie Craft

**Please note:** Pick-up times at your residence may vary between 10:00 am – 11:00 am depending upon the number of participants registered and resident locations.

**\*Please contact the PAC if you are aware of isolated seniors that need this service and we will inform them of this opportunity. In addition, volunteer escorts are needed for this program. Contact 253-841-5564 if you are interested.**